



# **FORKLIFT TRAINING SYSTEMS**

## **Safety Training Courses**

### **Mock OSHA Auditing**

Ranging from a partial day to multiple weeks, we can help you find and eliminate hazards which could cause you to receive an OSHA citation, or worse yet, injure one of your employees. Our lead auditor spent over 26 years with Federal OSHA as a compliance officer and performed 1922 inspections! We can also help you find potential OSHA citations aide in their abatement. Includes review of written programs, training programs, OSHA 300 log, PPE and site walk through, as well as report findings.

### **Powered Industrial Trucks - Forklifts (OSHA top 10 most cited)**

This class runs 5-7 hours depending on the truck types and topics to be covered. Each on site class includes an in-person survey to evaluate your training needs and to determine your level of existing compliance with the OSHA forklift standard (29CFR1910.178). We have programs for sit down, narrow aisle reach, elevated order picker, pallet jacks, walkie stackers and rough terrain telescopic lifts.

### **Aerial Work Platforms (Powered, Mobile Scaffolds) (OSHA top 10 most cited)**

This class runs 5-7 hours depending on the lift types and topics to be covered. Each on site class includes an in-person survey to evaluate your training needs and to determine your level of existing compliance with the various aerial work platform/scaffolding standards. All classes include selection, inspection and use of fall protection as it applies to aerial lifts. We have programs for scissor lifts, articulated boom lifts and straight booms.

### **Machine Guarding (OSHA top 10 most cited)**

This 4-hour course covers the types of machine guarding, importance of safeguarding places where most machine hazards occur, and safety control devices.

### **Lockout/Tag out (LOTO) (OSHA top 10 most cited)**

This 4-hour course trains employees on the proper LOTO procedures. Some of the topics which are covered include: awareness, attitude and actions to take; when, where and why to use LOTO; proper locking/tagging procedures and communication.

### **Mobile Cranes**

This 8-hour course is designed for the wheeled type, mobile cranes used in general industry (Not for construction cranes). It includes 4 hours of classroom work and an additional 4 hours of hands on work for the group.

### **Chain, Sling and Rigging Class**

This 4-hour course covers the proper use of chains and slings. It also discusses proper rigging techniques for handling loads safely and annual inspection processes.

### **Fixed Overhead Cranes and Rigging**

This 8-hour course covers the safe operation of both cab mounted and remote pendant operated fixed overhead cranes, which are popular in general industry. 80 hours of practice time and a physical exam are prerequisites for any cab mounted crane operators. Six hours are spent on cranes and an additional 2 hours are spent on the safe rigging of loads.

### **Confined Space Entry**

This 8-hour course is designed to comply with the requirements of OSHA standard 29 CFR 1910.146, Permit Required Confined Spaces. Topics covered include: The Occupational Safety and Health Administration (OSHA) Permit Required Confined Spaces standard; Non-permit versus Permit Required Confined Spaces; Hazard Recognition, Evaluation and Control (physical hazards, health hazards, hazardous atmospheres, oxygen deficient atmospheres and oxygen enriched atmospheres).

### **Hazard Communication (OSHA top 10 most cited)**

This 4-hour course was designed to help employees protect themselves from chemical hazards and for employers to reduce the incidence of chemical related illness and injuries. Attendees will learn how to identify and avoid potential hazards and to assess situations where exposure to chemicals has occurred.

### **Fall Protection (OSHA top 10 most cited)**

This 4-hour course is designed to teach students about methods of eliminating, controlling and preventing fall hazards. It addresses the requirements detailed in the OSHA Fall Protection Standard, 29 CFR 1926; Subpart M.

### **Ladders and Stairways (OSHA top 10 most cited)**

This 2-hour course shows that many employees take ladders and stairways for granted, and don't take the appropriate precautions when using them because they are so common. Some of the topics which are covered include: basic rules for ladder use, proper placement, ladder maintenance, tying off and blocking ladders and stairway construction requirements.

### **Supervisor Liability**

This 1-hour course is a must for any supervisor of any level, in any industry. It shows the potential legal liability of being a supervisor, especially if you are not doing the right things to protect your employees. Learn the real life lessons of other supervisors who learned the hard way. Supervisors will never look at safety the same way again.

### **Walking and Work Surfaces**

In this 2-hour training, you'll learn where to look for hazards, how to identify them and how to reduce the risk of injuries from falls and their related costs. OSHA's walking and working surfaces regulations covers a wide range of issues which account for a high rate of citations across many industries.

### **OSHA 10-Hour Outreach (General Industry or Construction)**

This 1.5-day class was developed by OSHA to provide important safety information on the fundamental OSHA standards. Every worker, regardless of experience, can benefit from this basic safety class.

### **OSHA 30-Hour Outreach (General Industry or Construction)**

This 4-day class was developed by OSHA to provide important safety information on the fundamental OSHA standards. This class is geared towards persons who will need more extensive safety training than would be provided by the basic 10-hour class.

### **Scaffolding (OSHA top 10 most cited)**

This 4-hour course covers the types of scaffolding used on construction sites and the OSHA requirements for proper set up per 29CFR1926.451 (subpart L). Employees will be able to inspect and recognize scaffold hazards and the ways to correct the hazards.

### **Trenching and Excavations**

This 6-hour course covers the trenching and excavation standards as related to 29CFR1926.651 (Subpart P) and the requirements for selecting the type of protective system to protect employees working in a trench or excavation. The employees will be able to determine soil types and types of protective systems which could be used during trenching operations.

### **Qualifications of our lead instructors:**

- ✓ 26 years with Federal OSHA as a compliance officer.
- ✓ OSHA Outreach 501 trainers for 10/30 hour classes (General Industry and Construction)
- ✓ College degrees in safety and health
- ✓ Confined Space Rescue Technician/Trainer/Responder
- ✓ Competent Fall Protection Trainer
- ✓ Emergency Response Incident Commander/Technician Trainer
- ✓ Expert witness experience in litigation
- ✓ Qualified Crane/Rigging/Hoist Trainer and certified chain and sling inspector
- ✓ Teach and Train the N.S.C. Supervisor development course
- ✓ Training Methods Certification NSC

Contact us today for pricing and scheduling details.

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